

THE 2011 DEVON COUNTY AA TRACK 10,000m CHAMPIONSHIP !! OPEN ENTRIES WELCOME !!

AT EXETER ARENA

WEDNESDAY 14th SEPTEMBER 2011

FIRST RACE 7pm

under UKA rules

WE HOPE TO STAGE 2 GRADED RACES

Race 1—Sub 37min, Race 2— 37min+

THE NUMBER OF RACES WILL ULTIMATLY BE DECIDED BY THE NUMBER OF ENTRIES,

FURTHER INFO — www.ironbridgerunner.co.uk

**A £50 CASH BONUS FROM IRONBRIDGE RUNNER
WILL BE GIVEN TO:
FIRST MAN UNDER 31.00 & FIRST WOMAN UNDER 34.30**

DCAA Championships medals will be awarded for best 3 eligible performances in each age group.

Name: _____ Club: _____

Address: _____ Post Code: _____

Phone: _____ Email: _____

Gender: M / F (please circle) Age - on 31 Aug 2011 (U20 Age 31 Dec 2010): _____

Anticipated Time: _____ this will allow us to put you in the appropriate race
Minimum Age - 17 years on 31st August

PLEASE TICK ONE BOX:

- ▶ I was born _____ (town/city) in Devon
- ▶ I was not born in Devon but have lived in Devon for the last 9 months
- ▶ I used to live in Devon and have not competed in another County Championships since then
- ▶ I am a member of HM Forces stationed at _____ since _____
- ▶ I do not have any of the above qualifications but I am in the U20 age group
- ▶ I do not have any of the above qualifications but I am a student in Devon
- ▶ **Non championship runner*

Entry Fee :

Devon Championship £3.50
(chq - 'Devon County AA')
Open Entry— £5 chq -
Ironbridge Runner

Please return ALL entries
and payment to:
DEVON 10,000
IBR Events
10 Lower North St,
Exeter, EX4 3ET

Signed: _____ Date: _____

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